

Happy Sunday, Friends,

What a fabulous week! There's something about Spring that makes everything feel hopeful. I hope you all were able to enjoy some of the beautiful sunshine and warmer temps.

Today's lesson has to do with secret meetings and learning about the path to eternal life with God. That's a lot to cover. There was a group of religious leaders called Pharisees who studied God's law and knew it really well. The Pharisees believed that to follow God meant to follow all the rules. What Jesus taught was different from what they understood to be true, so many Pharisees didn't like Jesus. Read on to learn more about Nicodemus's secret visit to Jesus and what Jesus taught him...

Attached is a coloring page for you. Enjoy!

This week in Lent we are challenging you to find something to fast for a week. Fasting doesn't always mean about food - you can take a fast from lots of different things. You get to pick what you want to fast from this week. It's super easy to fast from something you don't like or don't really do, so try to make it something that will be missed. Remember, it's only a week! Here are some fasting ideas for you:

*fast from TV*

*fast from dessert*

*fast from candy*

*fast from a bad habit*

*fast from sweet drinks*

*fast from meat*

Let me know how it goes. I am guessing not pleasant but I know you are up for the challenge.

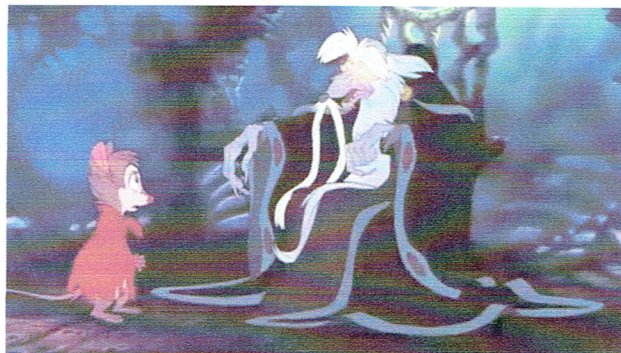


Finally Friends, it's important to know that Jesus loves our hearts, not our smarts. (I didn't write that but I think it's a really important lesson for us all to learn). Also, don't be afraid to ask questions and keep asking them until you start to understand. Asking questions is so important, and there are lots of people all around you who will help you with whatever questions you may have.

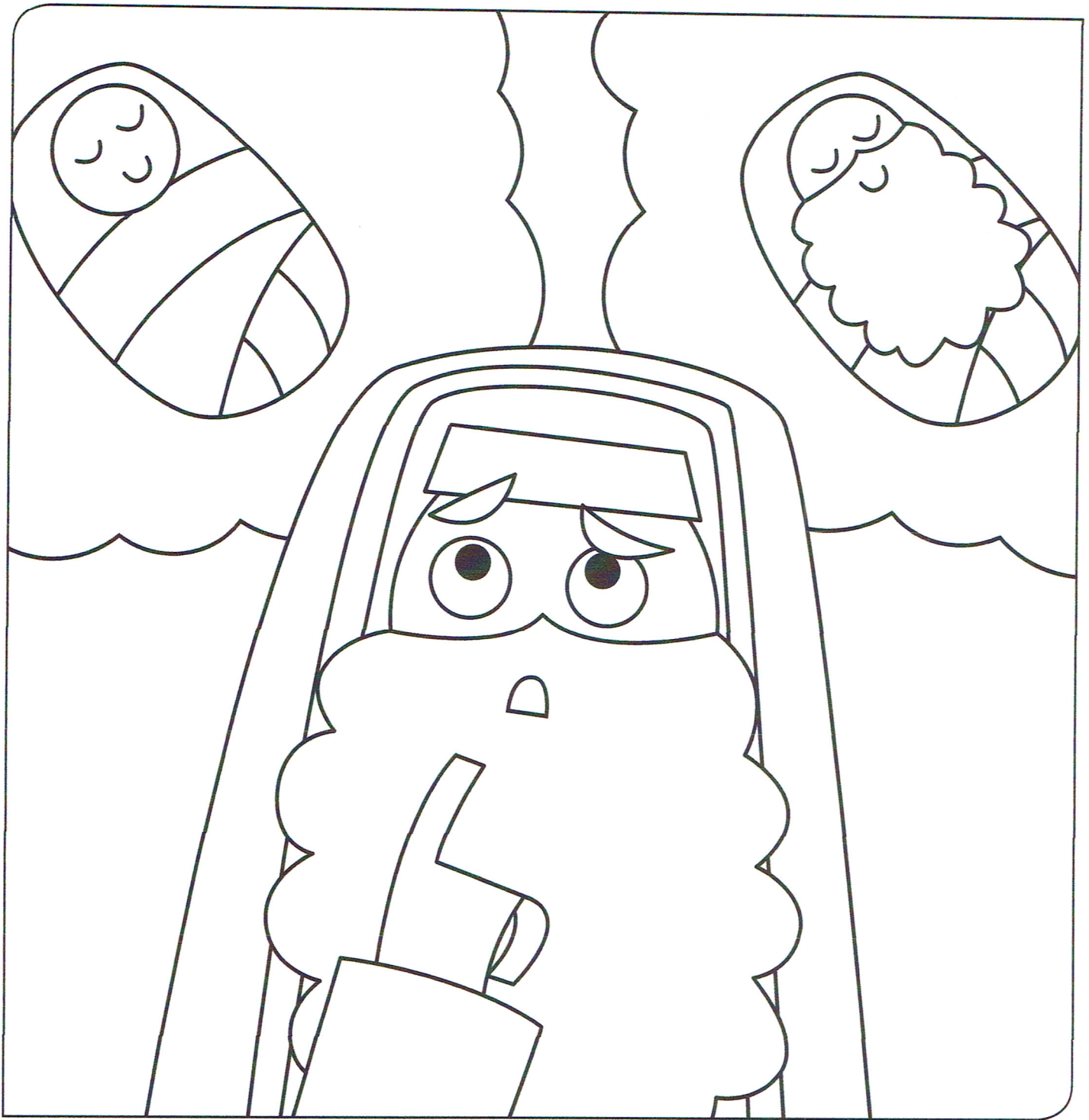
I hope all of you know how much you are loved and missed! We can't wait to be all together at church again soon.

Take Care,  
Gabrielle Heimerling  
Director, Youth and Family Services  
FPC Haddonfield

PS - Here's a picture of another famous Nicodemus from a movie way back from my time (so, ancient) : ) The movie is The Secret of NIMH.



# Nicodemus at Night



Nicodemus whispered, "You can only be born once! You can't have two birthdays!" Jesus answered firmly, "You are born once as a baby, but you can be born again as a child of God!" How do you celebrate your birthday?